



WAYNE HEALTHCARE

CALENDAR OF EVENTS

AUGUST 2018

Free Monthly Diabetes Education Class

This educational class is held on the 2nd Tuesday of the month and is designed to help you understand and manage diabetes. Join Karen Droesch, Certified Diabetes Educator, for a free class each month.

Eating on a Budget

Tuesday, August 14th, 2:00pm
Wayne HealthCare, 3rd Floor Conference Room

Diabetes Education Programs

Karen Droesch, RD, LD, CDE
Certified Diabetes Educator (CDE) will present and lead all diabetes education classes and programs.

Diabetic Group Classes

August 6th, 8th, 13th, 15th
1:00pm-3:00pm
Wayne HealthCare, Room 405
Insurance may cover the cost of the class.

Pre-Diabetic Group Class

Monday, September 24th
10:00am-12:00pm
Wayne HealthCare, 3rd Floor Conference Room
Cost to attend is \$10 per class.

For more information or to RSVP contact **Karen Droesch at (937) 547-5750** or karen.droesch@waynehealthcare.org

Wayne HealthCare Hosts American Cancer Society

Look Good Feel Better Program
Look Good Feel Better® is a free, non-medical, brand-neutral public service program that teaches beauty techniques to cancer patients to help them manage the appearance-related side effects of cancer treatment. The program is open to any woman who is undergoing or recently completed treatment for cancer.

Monday, August 13th
4:00pm – 6:00pm
Wayne HealthCare, Administrative Board Room

Registration is required for this FREE program. To register call (937) 547-5079.

The Great Darke County Fair

August 17th -25th
Visit our air conditioned rest tent and baby changing station. We will also have information about our services, community programs & events.

Healthy Moments

Childhood Immunizations

Jennifer Barga, RN, MSN, MHA
Director of Nursing
Darke County General Health District
Tuesday, August 21st
RSVP by August 17th

Wayne HealthCare, 3rd Floor Conference Room
Complimentary Meal: 5:30pm
Presentation: 6:00pm Cost: Free

RSVP to Jordan Francis at (937) 547-7409 or jordan.francis@waynehealthcare.org

Women's Night Out

An Evening of Wellness and Pampering

Thursday, September 13, 2018
5:30pm – 8:00pm
Wayne HealthCare Lobby
Free for women of all ages

Special Beginnings

Classes are free to mothers who deliver at Wayne HealthCare. The cost is \$50 for mothers who deliver elsewhere.

3-Week Thursday Series Childbirth Class

Thursday, September 6th, 13th & 20th
6:00pm-8:00pm
Wayne HealthCare, 3rd Floor Conference Room #2

Breastfeeding Class

Tuesday, September 18th
6:00pm-8:00pm
Wayne HealthCare, 3rd Floor Conference Room #3

For more information or to register call **(937) 547-5755.**

Better Breathers Support Group

This free support group is for Chronic Lung Disease patients and their families. Participants have the opportunity to learn ways to cope and live with Chronic Lung Disease, gain support from others who share similar struggles, and receive tools to help enhance the quality of life.

Respiratory Medications

Tuesday, August 14th
David Hipply, II, RPH
Director of Pharmacy
Wayne HealthCare
1:00pm-3:00pm

Wayne HealthCare
Lifestyle Enhancement Center

For more information or to register call **(937) 547-5917.**

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www.waynehealthcare.org

To learn more about Wayne HealthCare programs and events follow us on social media, visit our website, or call **(937) 548-1141**