

2018 Special Beginnings

Childbirth Class

3-week Thursday Series

6:00pm - 8:00pm

3rd Floor Conference Room #2

Jan 4, 11, 18

Jul 12, 19, 26

Mar 1, 8, 15

Sep 6, 13, 20

May 3, 10, 17

Nov 1, 8, 15

Abbreviated 1-day Saturday Class

12:00pm - 3:00pm

3rd Floor Conference Room #2

Feb 3

Jun 9

Oct 6

Breastfeeding Class

6:00pm - 8:00pm

3rd Floor Conference Room #2

January 16

July 17

March 20

September 18

May 15

November 20

***Classes are free to mothers who deliver at
Wayne HealthCare and \$10 for mothers
who deliver elsewhere.***

Call to register: (937) 547-5755



835 Sweitzer Street, Greenville, OH 45331

2018

Special Beginnings Classes

The special beginnings classes at Wayne HealthCare are a wonderful way for new or experienced parents to learn more about ways to care for their newborn. Classes fill quickly, so please register at least 12-16 weeks before your due date.

Breastfeeding Classes

Breastfeeding is the healthiest choice for you and your baby. Our International Board Certified Lactation Consultant (IBCLC) will provide information on the physiology of milk production, prenatal preparation, positioning techniques, common problems and tips to help you succeed at breastfeeding.

Three-Week Series Childbirth Classes

Childbirth classes are a great way to prepare for labor and birth. These classes will provide important information about pregnancy, labor, and coping skills to help you adjust as new parents. The instructor will discuss pain relief options, including massage, relaxation, breathing and pain medications. A tour of the obstetrics department is included with this class. If you cannot make the evening classes, we now offer an abbreviated 1-day Saturday class.

