

# Patient Self-Directed Testing

Patient Self-Directed Testing is offered as a wellness and personal health management opportunity to provide convenient and often less expensive testing.

## Patient Self-Directed Testing:

- Does not require a doctor's order. Order forms can be completed at the time of registration or in advance (for laboratory testing only) by visiting our website at [www.waynehealthcare.org](http://www.waynehealthcare.org), click on "Community Wellness" and then "Patient Self-Directed Testing."
- Provides patient with the ability to control healthcare management. These services are similar to a health fair. Appointments are not required for lab tests, 3D Mammograms, and EKG's, but are required for a vascular screening, Bone Density DEXA exam and DEXA with VFA. These tests are available at a discounted price.
- Results are mailed directly to the patient. It is highly recommended that the patient consult with their physician to discuss the screening and testing results.



## Laboratory Tests & EKG's

Appointments are not required.

**Monday – Friday**  
7:00am to 5:00pm

**Saturday**  
7:00am to Noon

## Diagnostic Imaging & Vascular Screening

To schedule an appointment,  
Please call (937) 547-5715.

**Monday – Friday**  
6:30am to 5:30pm

Wayne HealthCare  
835 Sweitzer Street  
Greenville, OH 45331  
[www.waynehealthcare.org](http://www.waynehealthcare.org)

Rev. 07/2019

# Patient Self-Directed Testing



**Outpatient tests and screenings  
without a doctor's order.**



## Laboratory Tests:

---

### **Wellness Panel (Fasting): \$50**

Fourteen chemistry tests to screen a wide variety of systems including kidney function, liver function, blood sugar level, and protein levels, *plus* a Lipid Panel-cholesterol, HDL, LDL and triglycerides. An 8 to 12 hour fast is required.

### **Vitamin D: \$45**

A test to screen for Vitamin D deficiency. Adequate Vitamin D levels play an integral role in bone health and decreasing the risks for colorectal cancer, breast cancer and autoimmune disease.

### **Prostate Specific Antigen (PSA): \$40**

A screening test for early detection of prostate cancer. This test should be performed in conjunction with a clinical evaluation by your physician.

### **Thyroid Panel (TSH/FT4): \$45**

Tests to evaluate thyroid function and screen for thyroid disease.

### **Liver Panel: \$30**

A test to evaluate hepatic function, which can be affected by medications, alcohol use, cirrhosis, hepatitis, and other diseases.  
*Included in the Wellness Panel.*

### **Urine Pregnancy: \$15**

A screen to confirm pregnancy.

### **Hemoglobin A1c: \$25**

A test used to assess glucose control in diabetics. A1c is frequently used in conjunction with glucose fasting to diagnose diabetes.

### **Iron: \$15**

A screening test for anemia and other iron disorders.

## Laboratory Tests:

---

### **Complete Blood Count & Diff: \$25**

A test to evaluate overall health and detect a wide range of hematologic disorders including anemia. This test includes white and red blood cell counts, hemoglobin, hematocrit, platelet count, and a WBC differential.

### **Lipid Panel: \$25**

A screening test for hyperlipidemia - a risk factor for coronary artery disease and stroke. This profile includes total cholesterol, HDL, LDL and triglycerides. An 8 to 12 hour fast is required for this panel. *Included in the Wellness Panel.*

### **Glucose Fasting: \$15**

A fasting blood sugar level to screen for diabetes. An 8 to 12 hour fast is required.  
*Included in the Wellness Panel*

### **Potassium: \$15**

A test to evaluate potassium levels which can be affected by medication (especially diuretics) and many diseases. *Included in the Wellness Panel*

### **Basic Metabolic Panel (BMP): \$30**

Eight chemistry tests to check blood sugar, electrolytes and kidney function. This panel includes glucose, BUN, creatinine, calcium, sodium, potassium, chloride and CO2. An 8 to 12 hour fast is required.  
*Included in the Wellness Panel.*

### **Cholesterol: \$15**

A screening test for elevated cholesterol levels, which can be a risk factor for coronary heart disease and stroke.  
*Included in the Wellness Panel and Lipid Panel.*

## Diagnostic Imaging:

---

### **Mammography Screening:**

For women over the age of 40 & asymptomatic. 3D Tomosynthesis and Mammography Screening with CAD **\$214**  
**Radiologist fee is additional**

### **3D/4D Ultrasound: \$99**

For Mothers 26-36 weeks. Receive a CD of Images, video, audio of heartbeat & keepsake.

### **Osteoporosis Screening (DEXA and VFA):**

For men and women age 35 and above. Bone Density/DEXA Exam **\$447**  
DEXA with Vertebral Fracture Assessment (VFA) **\$527**  
**Radiologist fee is additional**

## Vascular Screening:

---

### **All 3 vascular screenings: \$50**

**Abdominal Aorta Vascular Ultrasound** A screening test to check for the presence of an aneurysm that could lead to a ruptured aorta.

### **Carotid Vascular Ultrasound**

A screening test to check for plaque buildup in the carotid arteries. This screening helps identify risk of a stroke.

### **Peripheral Arterial Disease**

A screening test that measures the circulation to your legs. This screening helps identify risk of a heart attack or stroke.

## Electrocardiogram (EKGs):

---

### **Electrocardiogram: \$35**

A screening test to monitor the electrical activity of the heart. This test helps diagnose various heart conditions.