

DIABETES WELLNESS PROGRAM

12:00 - 1:00 pm

Location: Community Room # 2
835 Sweitzer Street, Greenville
Harrison Street Entrance

Presented by Karen Droesch, RD, LD, CDE,
Wayne HealthCare Diabetes Educator

FREE!
In-Person
or Virtual
Event

March 14th - Nutrition Strategies

April 11th - Type 2 Diabetes - What You Need To Know

May 9th - Stress Management and Coping Techniques

July 11th - Tips to Manage Your Diabetes

June 13 - Stay Active

August 8th - Let's Answer Those Diabetes Questions

September 12th - Foot Care

October 10th - Fall into Better Diabetes Management

November 14th - Meal Planning tips

December 12th - Healthy Holiday Bites

Please RSVP (in-person or virtually) to Karen Droesch at
937.569.6750 or karen.droesch@waynehealthcare.org.