

# How to Make a Face Mask



## Directions:

1. Cut all pieces out.
2. Put right sides of cotton and flannel fabric together.
  - Flannel on the bottom.
  - 9" x 6" cotton facing up.
3. Pin elastic on the corners top to bottom.
4. Sew end of elastic to corner (few stitches forward and back).
5. Lay pieces for pocket on top, facing down with turned edges touching in the middle and sew around completely.
6. Turn the mask inside out via the pocket.
7. Sew to next corner. Repeat on opposite side.
8. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
9. Sew around the edge of the mask twice. Be sure any fabric design is placed horizontally.

## Supply List

### Front Facing Panel

1 piece of cotton fabric: 9" x 6"

### Pocket for Inserts

2 pieces of cotton fabric: 9" x 4"

### Middle Layer

1 piece of cotton flannel: 9" x 6"

### Elastic/String

2 pieces of elastic or string: 7"



## Drop Off Location:

**Wayne HealthCare Main Entrance | Tuesdays & Thursday's 9:00am - 3:00pm**  
Bins are located right inside the double doors.